

2006 Whistler Racer Information

Current Race Logistics Information as of **Sept 4, 2006.**



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1. Registration & Check-In

******Two Day Racer Registration only :**

Friday, September 8, 2006

Time: 5:00pm to 8:00pm

Where: Telus Conference Center – Whistler Village

The TELUS Whistler Conference Centre is located centrally in Whistler Village. It is directly behind the shops and restaurants of Village Square along "Golfer's Approach". You can't miss its dramatic Grand Foyer.

TELUS Whistler Conference Centre
4010 Whistler Way
Whistler, BC
V0N 1B4

******One Day Racer Registration only :**

Saturday, September 9, 2006

Time: 5:00pm to 8:00pm

Where: Telus Conference Center – Whistler Village

The TELUS Whistler Conference Centre is located centrally in Whistler Village. It is directly behind the shops and restaurants of Village Square along "Golfer's Approach". You can't miss its dramatic Grand Foyer.

TELUS Whistler Conference Centre
4010 Whistler Way
Whistler, BC
V0N 1B4

All participants must attend this registration & check-in between the above listed times.

- You CAN NOT BRING YOUR MOUNTAIN BIKE or GEAR INTO THE CONFERENCE CENTER.
- **Homework that you will need to do at registration:**
 - Fill out the waiver of liability form - racers and support crew.
 - Fill in medical information / emergency contact form - racers and support crew.
 - You are **NOT** required to bring Your **PERSONAL MANDATORY GEAR to the registration check-in.** You must carry this at all times during the race. We will be conducting gear checks on course. There will be random checks on the race course.

Important Note: All athletes will have to sign a waiver of liability before the race. One of the most important understandings is that if you require severe emergency rescue beyond what our professional search and rescue staff can provide (i.e. airlifting you), that you or your extended health plan will have to pay for it, not the sea2summit organizers. This is the inherent risk in doing this kind of event. We have not set up the course for this to happen, but in the mountains ANYTHING CAN HAPPEN!!! This is not to scare you and we want to make it clear that we have set up the course to challenge you, not to put you at 'unreasonable' risk. We also have some very professional First Aid attendants working on the racecourse to take action if a situation arises.

*** If you have any health risks that may put you at personal risk please notify us. We reserve the right to deny you to race. All athletes will have to fill out a medical emergency form at Friday's registration check-in. Please take this very seriously.
You will be issued your official numbered race jersey, passports, racer identification, race maps for racers and support crew, race rules and emergency procedure info.

Mandatory Pre-Race Briefing

Two Day Racers only :

When: Friday, September 8, 2006

Time: 8:00pm to 8:30pm

Location: TELUS CONFERENCE CENTER

One Day Racers only :

When: Saturday, September 9, 2006

Time: 8:00pm to 8:30pm

Location: TELUS CONFERENCE CENTER

Make the best decision of your race - travel on Monday! Relax in Whistler !

2. Race Route Description

2006 Race Route (subject to change)

Day One - Saturday September 9

Start: 8 am in Pemberton (40 minute drive north from Whistler Village)

Stage One: 23km down river paddle through Pemberton Meadows

Stage Two: 55 km mountain bike with 5-8 km of trekking/hike-a-bike throughout - big climbs, big rewarding descent!

Note: There is no separate trekking stage. This route from Pemberton to Whistler will encompass trekking elements and is an epic stage on its own.

Day Two - Sunday September 10 (One Day Race Route as well as 2nd Day for the 2 day racers)

Start: 7am at the START / FINISH LINE in the Skiers Plaza in the heart of Whistler Village

Stage One: 30 km mountain bike

Stage Two: 8 km paddle - lake and small flat water river paddling (if the water levels are too low there will be a 300 meter portage).

Stage Three: Trek / Trail Run with 'common sense' navigational component

3. Support Team Info

Note: You will get instructions on how to get to the transition areas at Registration.

Note: Please provide your contact info to the registration team on Friday when you register, this is an important safety item, thank you.

Day 1:

On day one, your support team will have 3 stops to make for you:

1. Drop you off and your boat in the morning at 7 – 7:30 am north-east of Pemberton for the paddling start. From **Whistler budget 45 minutes to an hour to get there.**
2. Meet your team at the Kayak to Bike Transition area in Pemberton at the Adventure Ranch – a great place – lots of parking, beautiful ranch at rivers edge. The first paddlers will be at the transition in 1.25 hours. Average time will be 2 hours.
3. Meet your team in Whistler Village. Your team will be on average 4 hours to complete the bike stage.

Day 2:

One Day Two (and for the One Day racers) your support team will have 4 stops and a 4th is optional.

1. Get you to the start – easy one! It is at the finish line area at Skiers Plaza
2. Optional: meet you at Creekside to Cheer you on ! No support or help is allowed here. There is a coffee shop and lots of parking at Creekside.
3. Meet you at the Bike to Boat Transition at the Meadow Park Sport Complex – The paddle is an out and back so you will get to stay in one place

4. Meet your team at the finish line.

4. Closing Ceremonies & Awards

Sunday September 10th

Awards Ceremony

- Time: 8:00pm to 9:00pm
- Location: TELUS CONFERENCE CENTER

5. Accommodation & Camping

There are hundreds of hotel rooms in Whistler. There are many great deals and competitive rates. Your absolute best source is:

www.whistler.com

Riverside RV Campground

<http://www.whistlercamping.com/home.html>

6. Boat Rentals

Boat rentals, especially double kayaks, can be very hard to find so you should take what you can get. This year, it is best to bring a boat for the weekend as a regular weekend rental. Delivery can be expensive, and because there are 2 paddling stages, not connected, your support team has a definite function in the paddling stages this year.

Locally in Whistler you can call :

Whistler Outdoor Experience Company Ltd.

Box 151, Whistler, B.C.

Canada V0N 1B0

tel: **604-932-3389** fax: 604-932-4469

<http://www.whistleroutdoor.com>

From Vancouver:

Ecomarine Ocean Kayak Centre

Granville Island, Vancouver, BC

Phone: 604-689-7575

Toll-free: 1-888-425-2925

Email: sales@ecomarine.com

Website: www.ecomarine.com

Kayak Rental Only Rates:

Single kayak: \$99 plus tax= 111.87

Double kayak: \$130 plus tax= 146.90

Kayaks can be picked up on Friday from Granville island after 12:00pm and returned anytime Monday between 10:00am and 5:00pm.

Delivery and event pick up service; this service must be booked with the reservation.

Delivery Rates:

Single Delivery rate \$135

Double Delivery rate \$165

Event to event transportation is \$25 at the time of rental or \$40 cash at the event.

Deep Cove Canoe & Kayak

Deep Cove, BC

Phone: 604-929-2268

Email: info@deepcovekayak.com

Website: www.deepcovekayak.com