

COAST
MOUNTAIN
SPORTS

shore 2 shore june 3

ADVENTURE RACE DEEP COVE, BC

NORTH SHORE'S ADVENTURE RACE

LONG COURSE SHORT COURSE

8km paddle 5km paddle

8km trek 5km trek

24km bike 15km bike

[40km] [25km]

SOLO / TEAMS OF 2 / TEAMS OF 4



THE COURSE Start in Deep Cove. Paddle to a shore. Find check points on foot. Paddle back to Deep Cove. Go for a bike ride on Mt. Seymour. Finish back at Deep Cove and enjoy a salmon BBQ.



HH[®]
HELLY HANSEN

COAST
MOUNTAIN
SPORTS

HUKKATM
HAI



Tour of
Feast
CREATING A CASE



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